

DEC 2021



Believe • Persevere • Achieve

Lakewoods P.S.

<http://www.lakewoods.ddsbc.ca>

“Believe, Persevere, Achieve”

Another amazing month at Lakewoods! Our Lakewoods students are doing a fantastic job each and every day. Whether it is doing their best work with math, reading or social studies, continuing to follow our health and safety procedures, our students are doing an amazing job. The students have done a fantastic job and a lot of that is due to the support that they have received at home. We thank you for your support. I would also like to acknowledge the collective hard work of the Lakewoods staff Custodians, EAs, ECEs, teachers and office staff have all had to work together to collectively meet the challenges that we face this year.

Our monthly character education assemblies have been held virtually this year, with classes helping to present one of our ten character traits. In December, our assembly will focus on Integrity where we encourage students to always do what is right even when it's difficult and to always be their best self.

Finally, 2021 has been quite the year. From all of the staff of Lakewoods we wish you a wonderful happy and safe holiday season!

Please remember that we are dismissing at our regular dismissal time of 3:10 pm on Friday December 17th.

We'll see you back on Monday January 3rd, 2022.



P. Bozanis, Principal

Principal: Mr. Bozanis

Vice-Principal: Ms. Jeffery

Administrative Assistant: Mrs. Reader

Trustees: Michael Barrett 905-725-2980

E-mail address: michael.barrett@ddsbc.ca

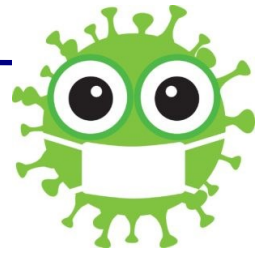
Darlene Forbes 905-720-2807

E-mail address: darlene.forbes@ddsbc.ca

Linda Stone 905-579-2856

E-mail address: linda.stone@ddsbc.ca

COVID information



Screening Prior to return

<https://covid-19.ontario.ca/school-screening/>

What to do if my child is sick?

<https://www.durham.ca/en/health-and-wellness/resources/Documents/IllnessInfectionDisease/FactsAbout/COVID-19-What-to-do-if-my-child-is-sick-and-was-not-exposed-to-a-known-case.pdf>

Virtual/Phone visit walk in clinic information

<https://cover.health/> or <https://ddhcs.com/> or <https://durhamvirtualurgentcare.lh.ca/>

Did you know?

If your child has a cold, or other symptoms consistent with COVID-19 (see [screening tool](#)) your child **cannot go to school for 10 days from symptom start date** and must be feeling better for 24 hours (48 hours for tummy related symptoms) **UNLESS**;

- They have a negative COVID-19 PCR test (NOTE: Rapid test is **not acceptable** when having symptoms. It can only be used as a screening tool for people without symptoms)
- They are seen by a Dr. who provides you with an **alternate diagnosis and rules out COVID-19**. (If you have no family Dr, try a phone or online walk-in clinic such as <https://cover.health/> or <https://durhamvirtualurgentcare.lh.ca/>)

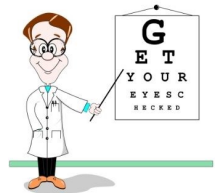
Did you know?

- **Even if your child has an alternate diagnosis** (such as Strep throat) from a Dr., they cannot come to school if still sick. They need to be feeling better and **improving for at least 24 hours**. Please note that for stomach-related symptoms, they still need an alternate diagnosis from a Dr. For nausea, vomiting or diarrhea, they cannot return for **48 hours** since stomach viruses are also very contagious.
- For any ongoing medical concerns such as asthma, it is a good idea that the school know that your child's symptom is a normal part of their condition. If any new or different symptoms arise, they should be assessed for illness by a doctor or health care provider.

Senior Kindergarten Vision Screening

The annual SK vision screening conducted in schools is on hold until further notice.

Families may contact [Ontario Association of Optometrists website](#) or call 1-800-540-3837 to find an optometrist in your community. Public Health recommends that all children see an optometrist for an eye exam. A yearly eye exam is free for children up to 19 years of age with a valid Ontario Health Insurance Plan (OHIP) card.



Message to Elementary Families RE Vaccine Clinics for Children Ages 5 to 11

November 23, 2021

Subject Line: COVID-19 Vaccine Appointments for Children Ages 5 to 11

Key Messages for Families

- COVID-19 vaccine appointments can now be booked for children ages 5 to 11.
- This includes children born in 2016, who have not yet turned five.
- Appointments can take place as early as later this week.
- You must book at the community clinics dedicated for children born between 2010 and 2016.
- To book an appointment for your child, visit www.durham.ca/vaccineappointment or call 1-888-444-5113.

Dear Parents/Guardians,

Please see the important message from the Durham Region Health Department:

Effective November 23, 2021, parents and guardians are eligible to book their 5 to 11 year old children for an appointment to receive the COVID-19 vaccine in Durham Region. Currently, the Pfizer vaccine is the only vaccine approved for use in Canada for this age group. The recently approved pediatric version is a lower two-dose series (one third of what is available for individuals 12 years and older) given eight weeks apart.

Vaccinating children will provide them with strong protection against COVID-19 and the highly contagious Delta variant. The vaccine will decrease serious illness and long-term effects from COVID-19, help keep schools open, and reduce the rare but serious complication called multisystem inflammatory syndrome in children (MIS-C). Since children can be infected and not have any symptoms, vaccination will help protect other family members too, such as those who are too young to receive the vaccine yet or vulnerable elderly individuals.

Each of Durham Region's eight municipalities will host community immunization clinics dedicated to children born in 2010 to 2016. Clinics will also be available in select schools across Durham Region. These clinics are by appointment only and are dedicated to vaccinating children of this age group. Older children and family members will not be able to get their vaccine at these clinics but remain eligible to receive immunization by booking at a community clinic for adolescents and adults.

We encourage you to visit durham.ca/covidvaccines to access tips and resources to prepare your child for their vaccine experience. To book an appointment at a community clinic, visit www.durham.ca/vaccineappointment or call 1-888-444-5113. Children will also be able to obtain their vaccine through select pharmacies and health care providers based on availability.

Thank you,

Durham Region Health Department

Travelling and Covid 19



Parent information about Travelling and COVID -19 rules for attending school

If student has travelled outside of Canada

- The student must follow federal guidelines for quarantine and testing after returning from international travel.
- If the student is fully vaccinated, they may be exempt from federal quarantine.
- If the child/student is **not fully vaccinated**, they are **not to attend school/child care for 14 days**, even if they traveled with a vaccinated companion.
- If the student develops a symptom from the full list of COVID-19 symptoms, they should self-isolate and get tested right away.

If household member or guest has travelled outside of Canada

- If anyone in the household has travelled outside of Canada in the last 14 days, the person who travelled must self-isolate away from other family members for 14 days if they do not meet the exemptions for federal quarantine requirements.
- The other individuals in the household who have not travelled can attend school/child care/work, as long as they don't have symptoms of COVID-19.
- If the household member who travelled develops a symptom from the full list of COVID-19 symptoms, the student will need to stay home until COVID-19 is ruled out unless the student is fully vaccinated or has had a previous recent COVID-19 infection.

What if my child travelled outside of Canada and is fully vaccinated against COVID-19?

Fully vaccinated children who have travelled outside of Canada and meet the requirements to be exempt from federal quarantine, are able to attend school.

Link: COVID-19 vaccinated travellers entering Canada <https://travel.gc.ca/travel-covid/travel-restrictions/covid-vaccinated-travellers-entering-canada>

What if my child travelled outside of Canada and is not fully vaccinated against COVID-19?

Unvaccinated children less than 12 years of age who enter Canada with their fully vaccinated parents, step-parents, guardians or tutors, are not required to quarantine upon entering Canada if both the child and the parents, step-parents, guardians or tutors, meet certain requirements in the Order and comply with the conditions imposed on them by the Minister of Health.

What your child cannot do for the next 14 days:

- Attend a setting where they may have contact with vulnerable people (e.g., long-term care facility), including with people who are immune compromised, regardless of that person's vaccination status or public health measures in place.
- **Attend school, camp or day care.**
- Travel on crowded public transportation that does not ensure physical distancing and masking (e.g., crowded subway).
- Attend large crowded settings, indoors or outdoors, such as an amusement park or sporting event.

FAQ's on Durham.ca School Toolkit Link: [Schools Reopening Toolkit - Region of Durham](#)

Government of Canada Resource. Covid-19: For unvaccinated children under 12 without symptoms and travelling with fully vaccinated parents or guardians: [COVID-19: For unvaccinated children under 12 without symptoms and travelling with fully vaccinated parents or guardians - Canada.ca](#)

DURHAM REGION COVID-19 SUPPORTS

How we can help you?



Community Outreach and Education (COVID-19)

- Supports for those unable to work due to COVID-19
- Information about how to reduce the spread of COVID-19 - Help to access Federal and Provincial financial and emergency supports
- Provide personal protective equipment (PPE)

Access to Local COVID-19 Testing

Providing local, barrier-free, testing sites in YOUR community.



Community Self-Isolation Centre (No Charge)

- Support for individuals who cannot safely isolate at home
- Range of services including private hotel room, catered meals, security, transportation, and links to health and social services

Other Available Supports

- Food and personal care items
- Connections to mental health supports
- Housing Supports



COVID-19 HELPLINE

Advice. Information. Services.

1-888-969-6746



Funded by:

Ontario 

In Partnership with:



Attention Parents/Guardians:

Whether your child is learning in-person or through DDSB@Home, you can **report their absence** by calling **1-844-350-2646** or by using the **SchoolMessenger** app.

Instructions on how to report an absence can be found on our website: bit.ly/3cjgJZM



Durham Region Health Department Free Dental Screening

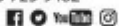
If you would like to book an appointment for your child to receive a **free** dental screening, please contact the Oral Health Division Dental Clinic at **(905) 723-1365, ext. 4567** or toll free at **1-866-853-1326, ext. 4567**.

Due to COVID-19, the **school based** dental screening program is on hold



*Healthy Mouth
Healthy YOU*

Oral Health Division
1615 Dundas St. E., Suite 210, 2nd floor Whitby ON L1N 2L1
905-723-1365 or 1-866-853-1326 • Fax: 905-723-9482
durham.ca/oralhealth



Healthy
smiles
Ontario



VICTIM SERVICES OF DURHAM REGION
PRESENTS:

DOMESTIC SEX TRAFFICKING OF YOUTH DURING COVID-19: PARENTS & PREVENTION

Thursday December 16th 2021

6:00 to 8:00 PM

Online via Zoom

REGISTER: [HTTPS://TINYURL.COM/PPNDEC16](https://tinyurl.com/ppndec16)

AN ONLINE WORKSHOP THAT EMPOWERS CAREGIVERS AND
COMMUNITY MEMBERS WITH PSYCHO-EDUCATION ON HUMAN
TRAFFICKING TO PREVENT YOUTH FROM BEING TRAFFICKED.

IN THIS SEMINAR, WE WILL:

- UNDERSTAND HOW HUMAN TRAFFICKING OCCURS IN DURHAM REGION
- LEARN HOW YOUTH CAN BE RECRUITED & LURED IN
- LEARN HOW COVID-19 HAS INCREASED YOUTH VULNERABILITY
- UNDERSTAND WHAT MAKES YOUTH VULNERABLE
- LEARN HOW TO IDENTIFY IF YOUTH ARE BEING TRAFFICKED
- UNDERSTAND WHAT ONLINE SAFETY IS & HOW TO IMPLEMENT IT
- LEARN HOW TO SPEAK TO YOUTH ABOUT THIS TOPIC
- HEAR FROM A SURVIVOR
- HEAR FROM THE PARENT OF A SURVIVOR

victimservicesdurham.ca
victimservices@drps.ca
(905) 721-4226
1 (888) 579-1520 ext. 3400
@vsdurhamregion

For questions and concerns, please email: jcusato@drps.ca





Help Your Child Succeed in School: Build the Habit of Good Attendance Early

School success goes hand in hand with good attendance!

DID YOU KNOW?

- Starting in kindergarten, too many absences can cause children to fall behind in school.
- Missing 10 percent (or about 18 days) can make it harder to learn to read.
- Students can still fall behind if they miss just a day or two days every few weeks.
- Being late to school may lead to poor attendance.
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.

Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Good attendance will help children do well in high school, college, and at work.

WHAT YOU CAN DO

- Set a regular bed time and morning routine.
- Lay out clothes and pack backpacks the night before.
- Find out what day school starts and make sure your child has the required shots.
- Introduce your child to her teachers and classmates before school starts to help her transition.
- Don't let your child stay home unless she is truly sick. Keep in mind complaints of a stomach ache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to teachers, school counselors, or other parents for advice on how to make her feel comfortable and excited about learning.
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.
- Avoid medical appointments and extended trips when school is in session.

When Do Absences Become a Problem?



Note: These numbers assume a 180-day school year.

For more on school readiness, visit attendanceworks.org and reachoutandread.org

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Junior Kindergarten Registration is next month

Parents will be registering their child using the DDSB online registration system effective the week of January 11th. If you or someone you know has a child turning 4 by December 31st, 2022 remember to register them for school for September 2022. Look forward to more information coming in regards to Junior Kindergarten at Lakewoods!

Register [Here](#) for new 2022 Kindergarten

More information available at [WTK Lakewoods](#)



Keep Your Hat to Yourself During Lice Season

Keep your hat to yourself!

That's one piece of advice students should follow as lice season looms. Fall and Winter tend to be the season when lice are most widespread, and break-outs of the tiny bugs are most prevalent. Students can be excluded from school until they've had treatment, and parents/guardians are asked to notify the school so the rest of the community can be notified that lice have made an appearance.

If a parent/guardian does find lice, it's important to act quickly. Treatments can be bought without prescription at drugstores. Generally such treatments require two applications, however we recommend you check child(s) hair daily for the remainder of the month. There are methods aimed at helping prevent spread of lice. Not sharing hats, combs or pillows is one. Also, keep your own hat on and tuck it into your sleeve when you're not wearing it.

Dates to Remember

Dec 1st	Paint Night with DRPS
Dec 13th	Monday Hat day
Dec 14th	Tuesday Spirit Sport Day
Dec 15th	Wednesday Wacky Day
Dec 16th	Thursday Red/Green Day
Dec 17th	Friday PJ Day
Dec 18th-Jan 2nd	Winter Holidays
Jan 3rd	Back to school!

SCHOOL CASH ONLINE

ddsb.schoolcashonline.com

School Cash online is a web based solution that gives parents the ability to pay for student items online. This will also provide reminders! Have your students OEN# to set up today

SAFE ARRIVAL

1-844-350-2646

attendance.ddsb.ca

Please report planned absences in advance by contacting the above Safe Arrival options.